



DIGESTIVE HEALTH ASSOCIATES
PROFESSIONAL CORPORATION

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Colonoscopy Screening Frequency

| | USPSTF | ACS-MSTF-ACR | ACG |
|---------------------|---|--|--|
| | United States Preventative Services Task Force | American Cancer Society U.S. Multi-Society Task Force on Colorectal Cancer American College of Radiology | American College of Gastroenterology |
| | 2008 | 2008 | 2008 |
| Average Risk | 10 years | 10 years | 10 years Begin age 50 (45 in African Americans) |
| CRC in FDR<60 | 10 years | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> |
| CRC in FDRs<60 | 10 years | - | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> |
| CRC in FDR≥60 | 10 years | 10 years <i>Begin age 40</i> | 10 years <i>Begin age 50 (45 in African Americans)</i> |
| CRC in FDRs any age | 10 years | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> |
| CRC in SDRs any age | 10 years | 10 years <i>Begin age 40</i> | - |
| AA in FDR<60 | 10 years | - | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> |
| AP in FDR<60 | 10 years | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> | - |
| AA in FDR≥60 | 10 years | - | 10 years <i>Begin age 50 (45 in African Americans)</i> |
| AP in FDR≥60 | 10 years | 10 years <i>Begin age 40</i> | - |
| AP in FDRs any age | 10 years | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> | - |
| AA in FDRs any age | 10 years | - | 5 years <i>Begin age 40 or 10 years younger than age at diagnosis of youngest affected relative</i> |
| Age 76-85 | Do not screen routinely <i>In patients with adequate screening history</i> | - | - |
| Age >85 | Do not screen | - | - |

USPSTF notes:

- Recommendations exclude individuals with inherited syndromes (HNPCC and FAP) or IBD
- Recommendations include those with FDR who have had CRC or AP, although those with FDR who developed cancer at a younger age or those with multiple affected first-degree relatives, an earlier start to screening may be reasonable.
- When the screening test results in the diagnosis of clinically significant colorectal adenomas or cancer, the patient will be followed by a surveillance regimen and recommendations for screening are no longer applicable. The USPSTF did not address evidence for the effectiveness of any particular surveillance regimen after diagnosis and/or removal of adenomatous polyps.

AP=adenomatous polyp, AA=advanced adenoma, FDR=first-degree relative, FDRs=more than one first-degree relative, SDR=second-degree relative