



**DIGESTIVE HEALTH ASSOCIATES**  
PROFESSIONAL CORPORATION

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**GUIDELINES FOR SCREENING AND SURVEILLANCE COLONOSCOPY**  
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<b>Patient category</b>	<b>First step</b>	<b>Next step</b>
<b>Screening</b>		
Average-risk patient, no risk factors for colorectal cancer except age $\geq$ 50 yr	Begin screening at age 50	If normal, repeat every 10 yr
Single first-degree relative with colorectal cancer diagnosed at $\geq$ 60 yr	Begin screening at age 40	If normal, repeat every 5–10 yr
Single first-degree relative with colorectal cancer or tubular adenoma <60 yr or in 2 first-degree relatives of any age	Age 40, or 5 yr before the youngest case in the first-degree relative, whichever comes first	If normal, repeat in 3 yr. If second examination is normal, repeat every 5 yr
Inflammatory bowel disease, chronic UC, or Crohn's disease	Screening 8 yr after onset of pancolitis or 12–15 yr after onset of left-sided colitis	Every 1–2 yr
<b>Surveillance</b>		
1 to 2 adenomas, <1 cm	Repeat in 5 yr	If normal, repeat every 10 yr
$\geq$ 3 adenomas or 1 adenoma $\geq$ 1 cm or adenoma with villous histology	Repeat in 3 yr if confident all adenomas have been found and resected	If normal, repeat again in 5 yr
Large sessile (no stalk) adenoma $\geq$ 2 cm	Repeat in 3 mo	If residual polyp, remove and repeat in 6 mo. If either of previous examinations are normal, repeat in 1 yr. If normal after 1 yr, repeat every 3 yr. If not normal after 2–3 examinations, then surgery
Adenoma with high-grade dysplasia or malignant polyp: completely resected with clear margins of excision and no invasion of stalk	Pedunculated—repeat in 3 yr	If normal, repeat in 5 yr if it is the only polyp
	Sessile—repeat in 3 mo	If residual polyp, remove and repeat in 6 mo. If either of previous examinations is normal, repeat in 1 yr. If normal after 1 yr, repeat every 3 yr. If not normal after 2–3 examinations, then surgery
Personal history of curative-intent resection of colorectal cancer	Repeat 6 mo to 1 yr after cancer resection	If normal, repeat in 3 yr; if normal, repeat every 5 yr